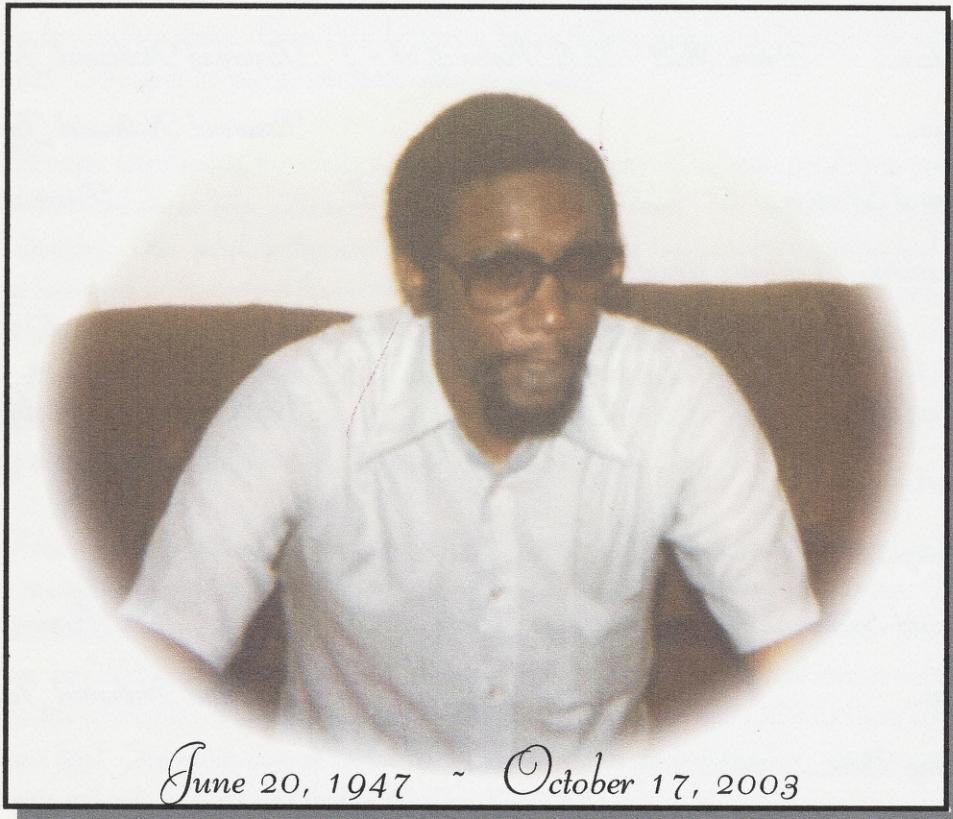


In Loving Memory
of
Mr. Arvester Cook



June 20, 1947 ~ October 17, 2003

Services Held: October 25, 2003 11:00am

*Civic Center Chapel of Wilson & Kratzer Mortuaries
455 24th Street Richmond, California*

*Officiating
Reverend Nathaniel Foster*

Order of Service

Processional....

Musical Selections....

"New Age Music" Selections

Prerecorded

Scripture.... Psalm 38:21 ~ 22 & Psalm 40:1 ~ 3 Reverend Nathaniel Foster

Prayer....

Reverend Nathaniel Foster

Musical Selection....

"Trouble of the Word"

Prerecorded

Expressions.... (2 minutes, please)

Expressions from Friends....

Praise Dance....

"I'm Free"

Ms Roz Randell Anderson

Cards/Condolences....

Obituary....

(Read Silently)

Musical Selection....

"Hero"

Prerecorded

Eulogy....

Reverend Nathaniel Foster

Parting View....

Recessional....

Interment

Rolling Hills Memorial Park
4100 Hilltop Drive Richmond, California

Tribute in fine print

Arvester Cook was born June 20, 1947 in San Francisco to Edward and Lunetter Cook, both of whom are now deceased. Arvester was a handsome lad with long shoulder-length hair that often was either in pony-tails or pig-tails with berets and bows because "someone" kept trying for another sister. Even then he was a brave fellow who knew how to roll with the punches. An asset he was to use quite often in his life.

Arvester loved sports, especially basketball but was known to hit some good home runs too, when the mood struck him. He also was an avid billiards player. He enjoyed music, singing and dancing. He loved clothes and could spend hours just trying to find clothes and could spend hours just trying to find that perfect shirt. He enjoyed dressing up. Arvester joined the Viet Nam War in 1964, when he was 17 and was sent back to Viet Nam again when he was 19 (making two of the three tours of duty in Nam completed by the U.S.S. INTREPED). It is worth noting that the U.S.S. INTREPED was honored in 1986 by being designated as a National Historic Landmark.

Return home, he was never the same again. But ... even through the dark days (and there were many) he never completely let go, and eventually became a free-lance Draftsman. When he was at his lowest point he stayed to himself; away in his beloved San Francisco. His self-esteem would let him do nothing else. He never married (his true love had been murdered at the hands of another, and there was no substitute). He never had children (how could he without her). He never stopped loving her. Arvester was an independent, proud man, until the very end, which came on Friday, October 17, 2003.

He leaves to love and miss him, sisters, Laura Thomas and Kathy Myers, brother Sylvester Cook, and a host of nephews, nieces, cousins, and other relatives and friends.
And HER

HELOVEDYOUUNTILTHEENDMISSVERN ~ BOTHOFYOU'RESTINPEACE,FINALLY.

Pallbearers

*Kim Thomas
Michael Henderson
Nick Taylor*

*Nick Thomas
Michael Thomas
Howard Hughes*

In Appreciation

*The family of Mr. Arvester "Sug" Cook
wish to thank each of you for your many
words and deeds of kindness.
And we thank you most of all for your prayers*

The Cook Family

Final Arrangements entrusted to:

*Wilson and Kratzer Mortuaries
455 24th Street
Richmond, California*